



Department of Value Education

About the Department

Motto: *“Intelligence plus character – that is the goal of true education”*

Martin Luther King Jr.

The department of Value Education was established with the sole objective of augmenting the college’s efforts of forming intellectually competent, morally upright and socially responsible citizens. Although value based sessions were informally conducted for the students since 2010, Value Education was established formally as a full fledged department in May 2012, with the mandate of looking after the character formation and holistic development of the students. The department meets every student of the college (both Undergraduate and Post-Graduate) once a week.

The sessions are broadly divided into three modules.

Module I	Module II	Module III
Importance of Value Education	Appreciation for life	Goal Setting and Time Management
Formation of character and development of a positive attitude	Addiction and its consequences	Respecting Gender Differences and Responsible sexual behaviour
Family and Social Values– Love for parents	Healthy living	Enhancing Patriotism
Appreciating our History – celebrating diversity	Celebrating Independence – glimpses into our freedom struggles	Teamwork and Leadership
Basic understanding of the Indian Constitution	Understanding depression	E-Waste Management
Study skills	Awareness on Social Responsibility - I	Awareness on Social Responsibility - II
Social Media – dangers of misuse	Caring for mother earth	Simple and happy life - Minimalism
Life Skills Orientation programme on Self-Esteem and Preparation for Family Life : a day at		

The department also conducts the annual Orientation Programme for every new batch of the college, to familiarize them with the educational system of Don Bosco and infuse the Anthonian spirit in them. Among other activities, regular motivational programmes and career counselling sessions are also conducted for Secondary and Higher Secondary School students of both urban and rural areas. The faculty of the department are also regularly engaged as resource persons for training of teachers, youth groups and other community based organizations.

Summary of Events

2015

- Three days Life Skill and Career Guidance Programme for class XII students from 14 different schools in Shillong, from 3rd-6th November 2015.

2016

- Life Skill Programmes for four different schools, from 27th March to 3rd May 2016. Themes for the sessions were on ‘the preciousness of life, our relationship with God our creator and the relationship with one another’, and study methods and preparation for examination.
- The Life skills programme was conducted for the 3rd years from 25th May to 10th August and for 3rd semester students from 11th August to 13th September 2016 on Relationships, Love, Family and Marriage.

Guest Lectures for students

Sl no	Date	Name of the Programme	Resource Person	Participants
1	19th February 2016	“Living a meaningful life”	Prof.Sanjoy Mukherjee (RGIIM-Shillong)	MSc, MCA and PGDCA
2	16th August-22nd August 2016	“Responsible dating”-	Fr Devasia Vazhayil Sdb	3rd year students
3	19th October-28th October 2016	“Effects of excessive use of social networking”-	Mr Dominic Megam Sangma	all 3rd year students

4	7th November- 12th November 2016	“Social Responsibility”-	Mr Deep Gurung and Mr Faster Donald Lyngdoh (Bosco Net)	All students of the college
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2017

- The department conducted a Life Skill Programme on 24th March 2017 for Don Bosco School, Bengtol- Assam. The programme was attended by 48 students and 3 teachers.
- The department of Value Education conducted a number of Life Skill Programmes from 17th May 2017 to 14th June 2017 for the Secondary and Higher Secondary students from 8 different Schools of Shillong.
- Life Skill cum career counseling programmes were conducted specifically for the Class XII students from 15 different schools, from 6th to 9th November 2017.
- The Department conducted The Orientation programme for all the 1st semester students from 29th June to 6th July 2017 in order to help the students familiarize themselves with each other and with the, spirit of the college, activities and facilities in the college. Various clubs and groups in the college were also introduced to them.
- The Department conducted ‘one day Life Skill Programme’ at Siloam for the 5th Semester students of different departments, from 9th August to 11th September 2017. The main thrust of the programme was on Family Life: Beauty, Pitfalls, Challenges and Expectations.
- The day long Life skill programme for the 4th Semester students at the Rural Resource Training Center (RRTC), Umran started on 13th of November and will completed on the 11th of December. The main thrust of the programme was self-awareness and getting to know each other in the department better which help them to grow as a group.

2018

- Members from Initiatives of Change (IOfC) had taken sessions for the 4th and 6th semester students of the college from 21st to 29th March on the need and importance of being agents of change in the society.

- The department of Value Education conducted a number of Life Skill Programmes from 22nd May 2018 to 1st June 2018 for the Secondary and Higher Secondary students from 11 different Schools of Shillong.
- Life Skill cum career counselling programmes were conducted from 6th November to 9th November specifically for the Class XII students of 15 different schools.
- The Department conducted The Orientation programme for all the 1st semester students from 10th -14th July 2018 in order to help the students familiarize themselves with each other and with the, spirit of the college, activities and facilities in the college. Various clubs and groups in the college were also introduced to them.
- The department conducted one day ‘Life Skill Programme’ at Siloam for the 5th Semester students of different departments from 9th August to 11th September 2018. The main thrust of the programme was on Family Life: Beauty, Pitfalls, Challenges and Expectations.
- The day long Life skill programme for the 4th Semester students at the Rural Resource Training Center (RRTC), Umran started on 13th November to 11th of December.

2019

- The Department of Value Education in collaboration with the Alcoholic Anonymous and Al-Anon group created as Awareness program for students/ faculty/ staff of the college on the Impact of Alcohol on individuals and their families from the 29th March to 3rd April 2019
- Two days seminar was organized for the Faculty of Don Bosco College of North and North East India on the “Ideal of the Indian Constitution and the contemporary challenges in Higher Education” on the 27th 28th April 2019, at Don Bosco Institute, Guwahati Organized by Don Bosco Higher Education India in collaboration with Department of Value Education St Anthony’s College, Shillong
- A one day workshop was conducted on 21st May 2019 on “Importance of Mental Health” for the MCA Staff and students by Dr Allan Kharbteng- Consultant Psychiatrist, Norfolk and Suffolk Mental health trust 2007 onwards.
- The Department of Value Education conducted the Orientation programs for the all the 1st semester students of the college from 10th July to 14th July 2019 which is held every year one week after the commencement of classes.
- A one day sensitization programme was conducted on the 23rd of July 2019 by the Department of Value Education in collaboration with NIMHANS under the aegis of the USAID-MHA-UNDP for all the student leaders of the College.

- Life Skill cum career counselling programmes were conducted from in the month of November (3rd -12th) and December (4th -14th) 2019 for the Class XII students of 10 different schools.