

**1. Write a précis of the following passage and give it a suitable title. (20+5)**

One of our most difficult problems is what we call discipline, and it is really very complex. You see, society feels that it must control or discipline the citizens, shape their mind according to certain religious, social, moral and economic patterns.

Now, is discipline necessary at all? Please listen carefully, don't immediately say 'Yes' or 'No'. Most of us feel, especially while we are young, that there should be no discipline, that we should be allowed to do whatever we like, and we think, that is freedom. But merely to say that we should be free and so on, has very little meaning without understanding the whole problem of discipline.

The keen athlete is disciplining himself all the time, is he not? His joy in playing games and the very necessity to keep fit makes him go to bed early, refrain from smoking, eat the right food and generally observe the rules of good health. His discipline is not an imposition or a conflict, but a natural outcome of his enjoyment of athletics.

Now, does discipline increase or decrease human energy? Human beings throughout the world, in every religion, in every school of philosophy, impose discipline on the mind, which implies control, resistance, adjustment, suppression; and is all this necessary? If discipline brings about a greater output of human energy, then it is worthwhile, then it has meaning; but if it merely suppresses human energy, it is very harmful, destructive. All of us have energy and the question is whether that energy through discipline can be made vital, rich and abundant, or whether discipline destroys whatever energy we have. I think this is the central issue.

(Total number of words—276)

2. Write an essay in about 250 words on either "If I were a celebrity" or "An interesting book you have recently read". (25)