



Prof. IRILANG LYNGDOH MAWLONG

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EDUCATIONAL QUALIFICATION:

Thesis : “Using Design Sprint for Promoting Inclusivity and Teaching Competency Among Pre-Service Teacher ”

University: North Eastern Hills University, Shillong

PhD: Ongoing

NAME OF SCHOOL/ COLLEGE	EXAMINATION PASSED & YEAR OF PASSING	DIVISION OBTAINED	% OF MARKS OBTAINED
St. Thomas Higher Secondary School, Mairang, Meghalaya.	SSLC, 2008	1 st	70%
St. Mary's College, Shillong.	HSSLC, 2010	1 st	60%
St. Anthony's College, Shillong	B.sc (HONS), 2013	1 st	64%
CTE, PGT College	B. ED, 2015	1 st O-GRADE	71%
North Eastern Hill University, Shillong.	MA EDUCATION, 2018	1 st (Gold Medallist)	77.05%

IGNOU, Shillong	MA in PSYCHOLOGY (Specialize in Counselling Psychology)	1 ST with Distinction	70.15%
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OTHER QUALIFICATIONS

- MS Office: Frontpage, PowerPoint, Excel, Word;
- Tally ERP 9
- DCA (Diploma in Computer Application)
- Cleared the UGC-NET for Assistant Professor held on 05-11-2017.
- Cleared the UGC– NET for Assistant Professor held on 21 June 2019.
- Cleared the UGC- NET for Assistant Professor held on 3rd December,2019.
- Cleared the UGC- NET for Assistant Professor held on 8, December ,2023
- Cleared the UGC - NET for Assistant Professor and Admission to Ph.D. June 2024

PUBLICATIONS

1. Lamare, T., Kharbhih, G. J., Khriam, V. V., Mawlong, I. L., & Dkhar, A. L. (2022). Promoting mental health among college learners: Role of the stakeholders. *Spectrum: Humanities, Social Sciences and Management*, 9(2), 27-34. <https://doi.org/10.54290/spectrum/2022.v9.2.0003>

TEACHING EXPERIENCE:

SL. NO	INSTITUTION	DESIGNATION	TIMING
1	St. Thomas Higher Sec School Mairang.	Assistant Teacher	April 2013 – April 2014
2	St. Thomas RCLP School (DAY).	Head Teacher	Feb,2016 – August, 2016
3	St. Thomas H/S Mairang Centre	Mentor of D.EL. ED Programme.	Feb,2018 – June, 2018
4	St. Anthony College Extension, Byndihati	Assistant Professor	July, 2018 – Nov, 2019
5	Shillong Commerce College, Shillong	Assistant Professor	Nov,2019– August, 2021.
6	St. Anthony's college, Shillong	Part Time Teacher in PG Education	

			Nov,2019– August, 2021
7	St. Anthony's college, Shillong	Assistant Professor	1 st September,2021-till date.

WORKSHOP AND SEMINAR ATTENDED

S L. N o	WORKSHOP	ORGANIZED BY	DATE	VENUE
1	National Seminar on Innovative Pedagogy and effective Teaching Learning	IQAC, Jaintia Eastern College, Khliehriat in collaboration with RUSA Meghalaya and ICSSR NEHU Shillong	15 TH November, 2018.	Eastern Jaintia College, Khliehriat.
2	Two Day state level Workshop on 'Challenges and Opportunities in NSS in the state of Meghalaya '	NSS Cell, NEHU, Shillong in collaboration with the state NSS Cell, Government of Meghalaya along with Regional Directorate of NSS, Guwahati, Government of India, Ministry of Youth Affairs and sports.	27th and 28th Feb, 2020	NEHU, Shillong
3	One day Faculty Enrichment Programme on Design Thinking and Innovative Practices	IQAC of the college, in collaboration with PRIME Hub, Govt. of Meghalaya.	3 rd August, 2022	St. Anthony's college, Shillong.
4	One Week National Level Online Faculty Development Workshop on Outcome Based Education (OBE)	IQAC of JPM Arts and Science College, Kanchiyar, Idukki in association with ipsr solutions limited, kottayam	16 th February-22 February, 2023	
5	Online Capacity Building One Week Workshop on effective Research Methodology and Publication strategies.	All India Association for Christian Higher Education, New Delhi and Madras Christian college	27 th Feb, 2023- 03 rd March, 2023	

		(Autonomous), Chennai.		
6	7 days national level online faculty development program on Outcome Based Education.	Nirmala College, Muvattupuzha in association with The Kerala State Higher Education Council.	10 th May to 17 May, 2023	
7	Online 5 Day Faculty Development Programme on Bloom's Taxonomy and Outcome Based Education (OBE)	IQAC, St. Anthony's College, Shillong	18 th - 22 nd July, 2023	
8	Being an Educator in Don Bosco Way	Dept. Of Value Education under the aegis of IQAC St. Anthony's college, Shillong	23 rd March, 2024	St. Anthony's college, Shillong.
9	Research Methodology Workshop for Social Sciences and Humanities	Department of Economics and Research & Development (R&D) Cell, St. Anthony's College	19 th - 23 rd August, 2024	St. Anthony's college, Shillong.
10	NEP 2020 Orientation & Sensitization programme under Malaviya Teacher Training Programme(MM-TTP) of UGC	Malaviya Mission Teacher Training centre, University of Mumbai	18th - 28 November, 2024	
11	Online Workshop on AI Tools for Research	St. Anthony's College, Shillong in Association with IGNITE Life Skill Academy Sacred Heart College(Autonomous) , Thevara Kochi.	12/12/2024	

WEBINARS PARTICIPATED

SL. NO	WEBINAR	ORGANIZED BY	DATE
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1	Changing Roles of Teachers in a COVID-19 Afflicted World	Organized by St. Anthony's College, Shillong and Loyola College, Williamnagar, Meghalaya	12 th June, 2020
2	Faculty enrichment Live Webinar on Addressing Core Issues in Teaching	Organized by Departments of value Education and English, St. Anthony's college, shillong.	30 th June, 2020
3	International Webinar on Different Cloud Platform	organized by Departments of computer science of St. Alphonsa College, Karinkal, Tamil Nadu, India and St. Anthony's college, Shillong, Meghalaya, India.	4th July, 2020
4	"Social Media: A potent Instrument for social change"	organized by the seminar committee in collaboration with IQAC, Sohra Government college	28th of July, 2020.
5	"Seven Day National Online Faculty Development Programme, Pedagogy and Learning: Mapping New Approaches"	Internal Quality Assurance Cell (IQAC), Jyoti Nivas College Autonomous	3 rd -9 th January, 2022
6	Attending the Masterclass on Flipped Classroom	Conducted by upEducators	09-10-2023

AS A RESOURCE PERSON

Sl/ No	TOPIC	Organized by	Date	Venue
1	Talk On the Theme "La Jied Ia Phi, Ban Iengsakhi Tylli Lang Kawei Ha U Khrist" During Annual Youth Convention	Seng Khyntroo Khyllod	1 st And 2 nd December, 2018.	Khliehriat Parish
2	Social Emotional Learning' (National workshop: 'Value based education: importance of mind mental systems')	centre for professional development of teacher Educators, school of education (PMMMNTT SCHEME)	4-5th October, 2019.	Eastern Jaintia College, Khliehriat

3	'Skills In Pedagogical Methods and Classroom Management' (National workshop: 'capacity building Programme for pre-service teachers, in-service teachers and teacher educator')	centre for professional development of teacher Educators, school of education (PMMMNMTT SCHEME)	17-18th FEBRUARY, 2020	S.D.P. College of Teacher Education Tihu Town, Dist-Nalbari, Guwahati.
4	School Disaster Management' (one-day extension Programme on Disaster Management)	Center for Professional Development of Teacher Educators, School of Education (PMMMNMTT SCHEME).	21-02-2020	Khliehriat
5	Creative Dimensions of Teaching and Learning' (virtual conference: 'Education in the 21st Century: Adapting to A Changing World')	ST. Anthony's College, Shillong	30th - 31st May, 2020.	St. Anthony's College, Shillong
6	Classes outside the classroom and storytelling" (two-day faculty development programmed on "teaching methodology")	Center for Professional Development of Teacher Educators, School of Education (PMMMNMTT SCHEME), NEHU, Shillong and ST. Francis School, Kothakuthi, Goalpara District, Assam.	2nd December, 2020	ST. Francis School, Kothakuthi, Goalpara District, Assam.
7	"How to prepare for the Board exam" and "career Guidance" for class X and XII	the school management.	4th February, 2021	St. Joseph H/S school Umden Nongtluh Ri-Bhoi District
8	Leadership Skills	the Seng Samla Catholic, Balang Shnong	12th February, 2022	Kynroh Parish, Mawthadrashan
9	Training Cum Seminar for Effective and Qualitative Education,	St. Peter's Secondary School Laitlyngkot	16th and 17th, December, 2022.	St. Peter's Secondary School Laitlyngkot
10	Teacher training program on National curriculum Framework in relation to foundational and preparatory stages.	Don Bosco School Agartala, Tripura and St. Anthony's college, shillong.	2nd May, 2023	Don Bosco School Agartala, Tripura.

AWARDS

O Grade	(B. ED, 2015)	Ms. Irilang Lyngdoh Mawlong
Gold Medalist	MA (Education)	Ms. Irilang Lyngdoh Mawlong, Deptt. of Education, NEHU Shillong
Dr. D. S. Babu Memorial Award	Cash Prize	Ms. Irilang Lyngdoh Mawlong, Deptt. of Education, NEHU Shillong
U Kiang Nangbah Memorial Award	Cash Prize	Ms. Irilang Lyngdoh Mawlong, Department of Education, NEHU, Shillong

ATTENDANT:

- Regular in attendance in class VII and VIII 'B' of St. Thomas Higher Secondary School Mairang.

ACTIVITIES:

- Participated in Poster competition held on 5th June 2009 organized by St Mary's College
- Back in 2010 – 2013 used to gather few of the street children and feed them. Every 8 December we used to conduct pre- Christmas celebration for them under my Leadership. These children got the chances to meet Late. Dr. APJ Abdul Kalam at ST. ANTHONY COLLEGE through principal permission with free entry pass.
- Participate in Symposium on “Women's Health Psychology and Working Capability” held on the 12th.10.2012. Organize by St. Anthony's College, Shillong.
- Participated in the weed Management of plants and white washing of tree pots organized by NSS Unit, NEHU held on 22nd October, 2016.
- Participate in the cleaning of ĩew Duh held at Khlieh ĩew on 2nd October, 2016.
- Participated in the Cleaning Drive held at NEHU Permanent Campus on 22nd March, 2017 organized by NSS Unit, NEHU in collaboration with the Department of Khasi, Education & Linguistic.
- Participated in the XXXVII Manik Chandra Baroah Memorial National Level Debate competition organized by Debates & Symposia Section, C.U. Cotton University, Guwahati – 01 on 7th September, 2017.
- Participating at the Panel Discussion in the National Education Day held on the 14th of November, 2017 organized by the Department of Education, NEHU- Shillong.
- Participated in a campus-based event: “Democracy Wall” organized by the Print, New Delhi & NEHU, Shillong, Meghalaya, India held on 30th May, 2018.
- Organized leadership Programme for class X students of St. Thomas higher secondary Mairang during 2014 at SILOAM.
- Accompany the students to DON BOSCO PNAR, JOWAI as part of the educational tour.
- Also experience in invigilating during exam specially board and D.El.Ed. Ed exam.
- Organized a one-day Programme for class 12 students of Khliehriat Higher Secondary School at Bosco Pnar, Jowai. I was given a talk on STUDY METHOD.
- Organised different EBSB programmes from 2021-24 .
- Went as an Evaluator during VTC exam held in Don Bosco Technical School, Shillong.

DECLARATION:

I hereby declare that the above mention particulars are true and correct to the best of my knowledge.

Dated:

Yours Faithfully,

Mrs. Irilang Lyngdoh Mawlong
Assistant Professor
Education Department
St. Anthony's college, Shillong.
