

## CURRICULUM VITAE (CV)



Name Dr. Toba Lamare  
Date of Birth 19<sup>th</sup> January 1990  
Sex Female  
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### EDUCATIONAL QUALIFICATIONS

Sl/ No.	Name of Educational Institution	Examination Passed	Year of Passing	Board/ University	Division/Grade
1	Little Flower Secondary School, Ummulong	SSLC	2006	MBOSE	2 <sup>nd</sup>
2	St. Mary's College, Shillong	HSSLC	2008	MBOSE	1 <sup>st</sup>
3	Lady Keane College, Shillong	B.A (Hons)	2011	NEHU	2 <sup>nd</sup>
4	North Eastern Hill University, Shillong	M.A (Hons)	2013	NEHU	1 <sup>st</sup> (A)
5	College of Teacher Education (PGT), Shillong	B.Ed	2014	NEHU	1 <sup>st</sup> (A)
6	North Eastern Hill University, Shillong	Ph.D Course Work	2017	NEHU	'O' Grade
7		NET	2015	UGC	
8		NET	2017	UGC	
9		NET	2019	NTA	

### PAPERS PRESENTED

Sl/ No.	Seminars Title/ Themes	Organized by	Date	Title of the papers presented
1	24 <sup>th</sup> Annual Conference-cum-National Seminar of the North-East India Education Society (NEIES) on "Reforming Indian Education System".	Department of Education, Rajiv Gandhi University, Rono Hills, Doimukh, Arunachal Pradesh	23 <sup>rd</sup> -24 <sup>th</sup> November, 2017	Attitude of the Teachers towards Information Technology in relation to teacher Effectiveness in Secondary School in Ri-Bhoi District of Meghalaya
2	International Conference on "Recent Advances in Educational Psychology".	Department of Education, North-Eastern Hill University (NEHU), Shillong	15 <sup>th</sup> -16 <sup>th</sup> March 2018	Scientific Interest in relation to Mental Ability in Science of Secondary School Students in West Jaintia Hills District
3	National Seminar on	Department of	22 <sup>th</sup> -23 <sup>rd</sup>	Computer Attitude in relation to the

	“Emerging Trends and Innovations in Teacher Education”.	Education, Sikkim University, Gangtok	March 2018	Personal Values of Student Teachers in Shillong
4	National Seminar on “Recent Trends in educational Psychology”	Department of Education, Sikkim University, Gangtok	11 <sup>th</sup> -12 <sup>th</sup> November 2019	Socio-economic Status in relation to Academic Interest of the Secondary School Students of Meghalaya
5	National Seminar on “Recent Trends in educational Psychology”	Department of Education, Sikkim University, Gangtok	11 <sup>th</sup> -12 <sup>th</sup> November 2019	Level of Educational Aspiration in relation to Self-esteem of Secondary School Students of Meghalaya

### WORKSHOPS ATTENDED

Sl/ No.	Workshop	Organized by	Date	Venue
1	National Level Workshop/ Training Programme on “Research Methodology in Social and Humanities”.	Department of Education and supported by IQAC Women’s College, Shillong in collaboration with Anthropological Survey of India, Shillong	5 <sup>th</sup> -7 <sup>th</sup> July 2017	Women’s College, Shillong
2	Two-Day National Workshop on “Quality Assurance”. Sub theme: Constructivist Pedagogy for Pre-Service Student Teachers	Department of Education, North-Eastern Hill University, Shillong	11 <sup>th</sup> -12 <sup>th</sup> September, 2019	St. Mary’s College of Teacher Education, Shillong
3	Two-Day National Workshop on Research paper writing and Publication	Department of Education, North-Eastern Hill University, Shillong	5 <sup>th</sup> -6 <sup>th</sup> December, 2019	North-Eastern Hill University, (NEHU), Shillong

## WEBINARS PARTICIPATED

Sl/ No.	Webinar	Organized by	Date
1	National Webinar on “Unequal Pay: Gender Discrimination at Workplace”	Centre for Professional Development of Teacher Educators and Centre for Pre- service Teacher Education, School of Education, North- Eastern Hill University, Shillong	16 <sup>th</sup> December, 2021
2	“Seven Day National Online Faculty Development Programme, Pedagogy and Learning: Mapping New Approaches”	Internal Quality Assurance Cell (IQAC), Jyoti Nivas College Autonomous	3 <sup>rd</sup> -9 <sup>th</sup> January, 2022
3	National Webinar on “Re- Inventing the New- Normal Classroom”	NeXus All India Association for Christian Higher Education (AIACHE)	30 <sup>th</sup> March, 2022

## LIST OF PUBLICATIONS

1. Myrthong, E. B., & Lamare, T. (2017). “Interest and learning”. *Insight Education*. Rahman, S. (Ed). Guwahati, Published by Unity Education Foundation, Chapter VI, pp.83-86 ISBN: 978-93-5288-336-3.
2. Myrthong, E. B., & Lamare, T. (2018). Computer attitude in relation to the personal values of student- teachers in Shillong. *International Journal of Creative Research Thoughts (IJCRT)*, 6 (2), 561-565.
3. Lamare, T., & Myrthong, E. B. (2020). Socio-economic status its influence on academic interest of secondary school students in Meghalaya: A qualitative study. *Journal of education Culture and Society*, 11(2), 521-532.
4. Lamare, T., & Myrthong, E. B. (2020). The relationship between academic interest and academic achievement of secondary school students in Meghalaya. *Alochana Chakra Journal*, IX(VI), 6858- 6866.

5. Lamare, T., & Dkhar, J. N. (2020). Level of educational aspiration in relation to self-esteem of secondary school students of Meghalaya. *Mukt Shabd Journal, IX(VII)*, 376- 390.
6. Lamare, T., & Sherpa, K. (2020). Attitude of research scholars towards research: A study conducted in the North-Eastern Hill University (NEHU), Shillong. *Tathapi, 19(45)*, 197-208.
7. Lamare, T., & Myrthong, E. B. (2020). Impact of socio-economic status on academic interest of the secondary school students in Meghalaya. *Research and Reflections on Education, 18(4A)*, 5-9.
8. Lamare, T., Kharbhih, G. J., Khriam, V. V., Mawlong, I. L., & Dkhar, A. L. (2022). Promoting mental health among college learners: Role of the stakeholders. *Spectrum: Humanities, Social Sciences and Management, 9(2)*, 27-34. <https://doi.org/10.54290/spectrum/2022.v9.2.0003>

**OTHER ACTIVITIES:** Apart from the above mentioned I also participated in various activities. These are:

1. The Panel Discussion in the National Education Day Organized by the Department of Education, NEHU, Shillong, on the 10<sup>th</sup> November 2016.
2. The Panel Discussion in the National Education Day Organized by the Department of Education, NEHU, Shillong, on the 14<sup>th</sup> November 2017.
3. 25<sup>th</sup> Annual Conference cum Seminar on “Educational Leadership, Management and Governance with special reference to North East India” organized by the Department of Education, North-Eastern Hill University, Shillong, on 6<sup>th</sup>-7<sup>th</sup> March 2019.
4. Panel Discussion on- “The Impact of the Pandemic on Mental Health” organized by The Alumni Committee & Alumni Association on 23<sup>rd</sup> March 2022- Sankardev College, Shillong.
5. One week National Lecture Series on the theme Pedagogy of the 21<sup>st</sup> Century – Innovative Teaching Methods held from 2<sup>nd</sup>-8<sup>th</sup> March 2022 organized by the Department of Education, Assam Don Bosco University (ADBU).
6. Faculty Enrichment Programme held on 3<sup>rd</sup> August 2022 on “Design Thinking and Innovative Practices” conducted under the aegis of IQAC of St. Anthony’s College, Shillong in collaboration with Prime Hub, Govt. of Meghalaya.