

**A REPORT OF ST. ANTHONY'S COLLEGE NSS UNIT ACTIVITIES FOR THE
YEAR 2016.**

DATE	NAME OF THE PROGRAMME	PURPOSE	VENUE	NO. OF PARTICIPANTS	Photo Link
3 rd -5 th August 2016	1 st NSS State level meet 2016	To bring together and foster the spirit of unity amongst different units.	NEHU permanent campus Shillong.	10 Volunteers and 1 programme Officer	
22 nd August 2016	Tiranga March		NEHU permanent campus Shillong.	13 Volunteers	Tiranga March
24 th August 2016	Workshop on "Swachhta"		NEHU permanent campus Shillong	10 Volunteers	Swachhta NEHU
14 th and 15 th September 2016	A Two-Day Programme - Annual Voluntary Blood Donation Camp. In collaboration with Nazareth Hospital, MACS and SBTC.	To encourage the students of the college to voluntary donate blood and to create awareness on the importance of voluntary blood donation.	St. Anthony's College, Shillong	90 Volunteers 50 units of blood was collected	Blood Donation Camp 2016
24 th September 2016	47 th NSS Foundation Day	Celebration of the Foundation Day of NSS.	NEHU Permanent Campus Shillong .	15 volunteers and 2 Programme Officers.	47th NSS Foundation Day
27 th September 2016	International Youth Day 2016		Sri Aurobindo Institute of Indian Culture, Shillong	20 Volunteers	International YouthDay 2016
10 th – 16 th October 2016	One-Week Programme - Annual Special Camp 2016	As part of its asset creation the unit constructed a footpath measuring around 52 meters for the village. In the evening the Volunteers organized Various programme to create awareness amongst the villagers on Health hygiene and sanitation.	Swer Village, East Khasi Hills.	50 Volunteers and 5 programme Officers.	Special Camp 2016

12 th to 21 st November 2016	A 10-Days Programme- Winter Adventure Camp	To encourage, inspire volunteers for physical activity. To train the volunteers skills such as rock climbing, mountaineering, river crossing.	NIMAS, Dirang, Arunachal Pradesh	2 Volunteers and 1 P.O.	Winter Camp at Arunachal 2016
26 th November 2016	Constitution Day	An annual national event commemorates the adoption of the Constitution of India.	College Campus	All P.O.s and NSS Volunteers and college students	Constitution Day 2016
1 st December 2016	World Aids Day	To create awareness and dispel myths related to HIV.	State Central library Shillong	1 Programme Officer, 10 Volunteers	World Aids Day 2016
5 th -6 th December 2016	A Two-day programme - Leadership Training Programme	To inculcate and promote the spirit of Leadership amongst the students.	Siloam, UmsawKhwon, East Khasi Hills.	48 Volunteers and 3 Programme Officers.	Leadership Training Programme
8 th December 2016	Adventure Cum Trekking	To instill the spirit of camaraderie and the love for adventure in students.	Mawlyngbna, Mawsynram, East Khasi Hills.	30 Students and 3 Programme Officers.	Adventure cum Trekking
15 th December 2016	Visit to the orphanage.	To inspire in the students the need of interacting and of reaching out towards the orphans, the aged and the destitute.	Anand Bhavan, Shillong	20 Volunteers and 4 Programme Officers.	

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3 rd and 4 th March 2017	A Two-Days Programme - Workshop on Drug Abuse Prevention. In collaboration with NISD New Delhi and ICSSR (NERC) Shillong.	Understanding drug abuse and its consequence. Treatment, rehabilitation and ways of overcoming drug abuse. To prevent drug flow and reduce drug trade within the city and region as a whole .	St Anthony's college Shillong	4 Resource persons, 5 panelists, 20 programme officers and one hundred and twenty participants .	Drug Abuse Prevention 2017
25 th March 2017	Visit Cum interaction to NSS Byndihati Extension Campus.	To acquaint and familiarize the students with the working of NSS.	Byndihati Extension Campus.	30 volunteers and 4 Programme Officers.	Visit to Byndihati Campus
15 th August 2017	70 th Independence Day Celebration.	Organised various competition like singing, dancing, drawing, painting and extempore speech with patriotic themes to foster patriotic spirit in the students of the College.	St. Anthony's College, Shillong.	300 Volunteers and 5 Programme Officers.	
8 th October 2017	Cherry Blossom Festival Inauguration	Volunteers for the Programme as directed by the State Govt.	Polo Stadium, Shillong	20 Volunteers	Cherry Blossom Festival
14 th November 2017	A visit to the orphanage at Laitkroh Village- Children's Day	To inspire and motivate students to engage in helping the poor, the aged, orphans and the destitute.	KJCMS Grace Home Orphanage, Laitkroh Village.	40 volunteers, 3 Programme Officers.	Orphanage visit - Childrens Day
21 st November 2017	One Day State level Capacity Building Training of	Capacity Building Training of NSS/RRC'S Volunteers	Don Bosco Youth Centre, Shillong	2 Volunteers	One Day State Level Capacity Building Training of NSS Volunteers

	NSS Volunteers				
27 th and 29 th November 2017	A Two-Day Programme - Annual Voluntary Blood Donation in collaboration with Nazareth Hospital, NEIGRIHMS, MACS and STBC.	Blood donation and creation of awareness in the importance of voluntary blood donation.	St. Anthony's College, Shillong.	183 Volunteers 118 Unit Of Blood Collected.	Blood Donation Camp 2017
30 th November 2017 and 1 st December 2017	A Two-Day Programme on World Aids Day Celebration	To create awareness and dispel myths related to HIV/AIDS	Youth Hostel and Aurobindo Hall, Shillong	45 volunteer	World Aids Day 2017
15 th to 21 st December 2017	Annual Special Camp 2017	The unit carried out the asset creation activity in which a footpath of about 56 meters approximately in length was constructed in the village. The Unit was also able to assist the Village in the Cleaning Drive and create awareness on health hygiene and sanitation.	Lumsohpieng Village, Bhoirymbong, Ri-Bhoi District, Meghalaya.	38 Volunteers and 4 Programme Officers.	Special Camp 2017

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10 th March 2018	Social Service Activity	To inspire and motivate students to engage in helping the poor, the aged, orphans and the destitute.	AnandBhavan Orphanage and Shanti Bhavan, Shillong.	20 NSS Volunteers and 2 Programme Officers.	Visit to Orphanage And Old Age Home
24 th March 2018	Adventure Cum Trekking, Boating and Canoeing.	To instill the spirit of camaraderie and the love for adventure in students.	Mawphanlur, West Khasi Hills District, Meghalaya.	60 Volunteers and 2 Programme Officers.	Adventure cum Trekking, Boating and Canoeing
14 th June 2018	World Blood Donation Day	Be There For Some One Else. Give Blood Share Life.	Raj Bhavan, Shillong Organised by MACS.	12 NSS Volunteers and 2 Programme Officers.	
15 th August 2018	71 st Independence Day celebration.	Organised various competitions on patriotic themes in singing, dancing, drawing, painting and extempore speech to foster a patriotic spirit in the students of the College.	St. Anthony's College, Shillong.	300 volunteers and 5 Programme Officers.	Independence Day Celebration
24 th September 2018	49 th NSS Foundation Day.	Celebration of the 49 th NSS Foundation Day.	NEHU Convention Centre, Shillong.	15 Volunteers of the Unit and 1 Programme Officer.	49th NSS Foundation Day
29 th September 2018	A Leadership Cum Personality Development Programme.	Life Management Skills and Principles of how to be an Effective Personality.	Vendrame Institute, Mawpdang Village, Meghalaya.	63 Volunteers, and All Programme Officers of the College.	Leadership Training Programme
1 st October 2018	World Blood Donors Day.	Blood Donation and Participation in 'Message in a Bottle Competition'.	NEIGRIHMS, Shillong	7 Volunteers and 1 Programme Officer.	Blood Donors Day 2018
26 th , 27 th and 28 th November 2018	A Three-Days Programme - Annual Voluntary Blood Donation in collaboration with Nazareth Hospital, NEIGRIHMS,	To Donate Blood and create awareness on the importance of Voluntary Blood Donation.	St. Anthony's College, Shillong.	196 Volunteers 105 Units was collected.	Blood Donation Camp

	MACS and STBC.				
17 th -22 nd December 2018	Special Camping Programme	As part of its asset creation the unit constructed a footpath measuring around 57 meters for the village. In the evening the Volunteers organized Various programme to create awareness amongst the villagers on Health hygiene and sanitation.	Lumsohpieng Village Bhoirymbong, Ri-Bhoi District, Meghalaya.	65 Students Volunteers and 4 Programme Officers.	Special Camp 2018

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1 st to 31 st January 2019	Republic Day Camp.	Selected as the Second in command, commander of NSS squad in the Republic Day Parade	New Delhi.	1 Volunteer.	Republic Day Parade
28 th January 2019	District Youth Parliament	Participated as a contestants	Assembly Auditorium Hall, Shillong	2 Volunteers and 1 P.O.	District Youth Parliament
4 th to 10 th February 2019	30 th National Road Safety Week	Observing a one- week programme. Displaying a Road Safety Banner outside the College gate to create awareness and sensitize the public with tips on Road Safety.	Vicinity of the College	25 Volunteer and 5 P.Os.	30th National Road Safety Week
7 th February 2019	State Youth Parliament	Participated as a contestants	Old Guest House Auditorium, NEHU	2 Volunteers and 1 P.O.	State Youth Parliament
26 th – 27 th February 2019	National Youth Parliament Function.	Participated as Delegates	Ambedkar Bhavan, and Vigyan Bhavan, Delhi	1 Volunteer	National Youth Parliament
14 th June 2019	World Blood Donor's Day Organised by Meghalaya AIDS Control Society	Blood Donation	Cilia Hall, Don Bosco, Laitumkhrah Shillong.	5 Volunteer and 1 Programme Officers	
27 th July 2019	Blood Donation Camp organised by the Rotary Club, Shillong Heritage	Blood Donation	Pasteur Institute, Lawmali Shillong.	30 Volunteers, 1 Programme Officer and 14 Units collected.	
8 th August 2019	Umkaliar Cleaning Drive	Cleaning drive Organized by The Shillong times as a part of their Platinum Jubilee Celebration	Umkaliar Demseiniong, Shillong	60 Volunteers and 1 Programme Officer.	Umkaliar Cleaning Drive
12 th August 2019	Umshyrpi Cleaning Drive.	Observance of Swachhta Pawhweda.	Umshyrpi Rilbong, Shillong	6 Volunteers and 1 Programme Officer.	
15 th August 2019	72 nd Independence Day celebration.	Organised various competitions on patriotic themes in singing, dancing, drawing, painting	St. Anthony's College, Shillong.	600 volunteers and 5 Programme Officers.	Independence Day 2019

		and extempore speech to foster a patriotic spirit in the students of the College.			
7 th September 2019	Cleaning Drive.	My Shillong My Passion.	Moreau Institute Of Integral Training, Cleve Colony, Brooke dene Shillong	29 Volunteers and 1 Programme Officer.	
6 th September 2019	Pre-Republic Day Selection 2020	Selection day	Community Hall, NEHU	7 volunteers	Pre-Republic Day
14 th September 2019	Sewa Saptaha - Blood Donation Camp	Voluntary blood donation	BJP Meghalaya Pradesh	10 volunteers and 1 P.O.	Sewa Saptaha – Blood Donation Camp
24 th September 2019	50 th NSS Foundation Day	Celebration of the 50 th NSS Foundation Day.	NEHU	20 Volunteers and 1 P.O.	50th NSS Foundation Day
2 nd October 2019	101 Area Cleaning Drive	A part of the Swachh Bharat Mission	101 Area to 3 rd Mile, Upper Shillong	20 Volunteers and 2 P.Os.	101 Area Cleaning Drive
15 th and 16 th October 2019	A Two-Day Programme - Annual Voluntary Blood Donation Camp in collaboration with Nazareth Hospital and NEIGRIHMS, MACS, STBC.	To encourage the students of the college to voluntary donate blood and to create awareness on the importance of voluntary blood donation.	St. Anthony's College, Shillong.	190 Volunteers 130 Units collected.	Blood Donation Camp 2019
22 nd - 26 th October 2019	Capacity Building Of Youth On Leadership and Personality Development Through life Skills.	NSS Special Program For Northeast Region Sponsored by the Ministry Of Youth Affairs And Sports Government Of India.	Siloam, UmsawKhwan, Meghalaya.	50 Participants and 5 Programme Officers.	Capacity Building

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1 st to 31 st January 2020	Republic Day Camp.	Participated in the Republic Day Parade NSS Squad	New Delhi.	1 Volunteer.	Republic Day 2020
17 th January 2020	Observation of 31 st National Road Safety Week	Displaying a Road Safety Banner outside the College gate to create awareness and sensitize the public with tips on Road Safety.	St. Anthony's College, Shillong	50 Volunteers and 3 Programme Officers.	31st Road Safety Week
20 th – 27 th January 2020	Special Camping Programme	As part of its asset creation the unit constructed a footpath measuring around 50 meters for the village. The Unit in collaboration with NEIGRIHMS organized a free Blood Sampling and grouping in which 130 villagers benefited. The villagers were also sensitized on the importance of Voluntary Blood Donation.	Lumsohpieng Village Bhoirymbong, Ri-Bhoi District, Meghalaya.	38 Students Volunteers and 4 Programme Officers.	Special Camp 2019
28 th Feb-1 st Mar 2020	Life skills and Personality development programme	To equip the students with life skills and to bring about an overall personality development in them.	SILOAM Ri-Bhoi District	34 Volunteers and 2 P.Os.	Life skills and Personality Development programme
9 th April 2020	Distribution of Relief Material during COVID-19 Lockdown	Distribution of relief materials to 26 household in the village affected by the lockdown.	Mawthai Ri-Bhoi District	5 P.Os and 5 Volunteers	Covid Relief - Mawthai
9 th April 2020	Distribution of Relief Material during COVID-19 Lockdown	Distribution of relief materials to 83 household in the village affected by the lockdown.	Lumsohpieng Ri-Bhoi District	5 P.Os and 5 Volunteers	Covid Relief - lumsohpieng
11 th April 2020	Distribution of Relief Material during	Distribution of relief materials to 106 household in	Kemrang Sohra Sub-Division	5 P.Os and 5 Volunteers	Covid Relief - Kemrang

	COVID-19 Lockdown	the village affected by the lockdown.	East Khasi Hills District		
11 th April 2020	Distribution of Relief Material during COVID-19 Lockdown	Distribution of relief materials to 73 household in the village affected by the lockdown.	Mawkliaw Sohra Sub-Division East Khasi Hills District	5 P.Os and 5 Volunteers	Covid Relief - Mawkliaw
13 th April to 9 th May 2020	Relief Camp for COVID-19	Assisting the office of DDMA in providing relief to stranded migrant laborers.	Govt. Girl Hr. Sec. School, Jail Road, Shillong.	2 P.Os and 14 volunteers	Relief Camp
11 th May to 30 th June 2020	Quarantine Camp for COVID-19	Assisting the office of DDMA as Coordinator/ Supervisor in the assigned Quarantine centres.	1. J.N. Girls Hostel, Polo. 2. Barbareek Inn 3. Brahma Inn 4. Knight Inn 5. Best Holiday Inn	2 P.Os and 4 volunteers	Quarantine Camp for COVID-19
21st June 2021	International Yoga Day 2021	Participation in online celebration of International Yoga Day. Shillong	Online mode	10 volunteers	International Yoga Day
1st-7th July 2021	Van Mahotsav Forestry week 2021	Planting of saplings as a part of the observation of the van Mahotsav week	Different locations in Shillong	32 volunteers	Forestry Week
8th July 2021	Online Orientation cum Awareness Programme on blood donation	To orient the students about the various activities of the Nss and to create awareness on the benefits of voluntary blood donation	Online mode	101 volunteers	Awareness Programme
1st- 7th September 2021	Rashtriya Poshan Maah (national nutrition week)	Online slogan competition in observance of the week	Online Mode		National Nutrition Week

The National Service Scheme is a student-centered programme and it is complementary to education. It is a noble experiment in academic extension. It inculcates the spirit of voluntary work among students and teachers through sustained community interaction. It brings our academic institutions closer to the society. It is a link between the campus and the community,

the college the village, knowledge and action. The overall aim of NSS is the personality development of students through community service. It gives an extension dimension to Higher Education System and orients the student youth to community service.

The motto of NSS is 'NOT ME BUT YOU'. This reflects the essence of democratic living and upholds the need for selfless service and appreciation of the other person's point of view ,.aaand also to show consideration for2021 fellow human beings.